

## New Puppy Training: Whining, Crying & Barking

**Feng Shui with Fido™ Philosophy:** The first two or three nights can be the toughest for a new puppy. The most important thing for new puppy owners to know is this too shall pass. Here is a quick synopsis of what all the crying, whining and barking is about. Dogs are den animals and pack animals. This means they love small spaces and they are social. Your new pup's first exciting obstacle to overcome is to learn to be OK by himself. Dogs are pack animals and they LOVE a routine. This is your exciting opportunity to create a new routine for your puppy, so don't feel bad. Here are a few tips to help you, your neighbors, AND your puppy, get through it!

**get:** A gate or a corral (aka exercise pen). Then check out the gating or corral tips and the shopping list for any other items you may need on the Feng Shui with Fido™ quick tip menu. This tip is how to use the Sound Machine, so get one!

**use:** The gating or use of the corral is a process intended to create a safe, cozy pen area within a central area of your home. Using the sound machine and other suggestions in this tip can help reduce the separation anxiety a puppy may feel being in a new home.



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**when:** It's important to practice gating a new puppy several times a day when you are home. Otherwise, your new puppy is loose with you during the day and feels terribly lonely at night or when you go out. So, practice allowing your puppy to play by himself in the pen often.

The best time to gate or corral your pup in the pen space is after exercise and play. Make sure he has been fed, loved, and has some place to go potty. Using newspaper or wee-wee pads work well during this stage. Then put on the sound machine. Hearing soothing sounds will help lull a puppy into a comforting nap.

**where:** Gating your puppy should be done in a central part of your house. Turn on the sound machine each time you gate your puppy.

**why:** Bringing a new dog home can be stressful for both of you. Relationships take time to develop. The goal is to teach your dog to be trustworthy, learn to go potty outside, and be calm and relaxed when you are home and when you leave.



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**How it works:** Creating trust takes time and a routine needs to take place. Gating your dog and using the sound machine helps you begin a routine before and after walks. This establishes a safe place for your dog to be when you are not around. After your dog is trained and learns your daily routine, no gating will be necessary. Continue to use the sound machine because it will act as a calming trigger every time you leave the house.



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